

May MENU 2024

This menu is for ages one and older. Children between one and two years of age are served **whole milk**, soft tortillas and a vegetable substitute for lettuce.

Fresh fruit each week consists of apples, bananas, oranges and melons & berries (when in season). We order fresh fruit depending upon the price and availability.

April 29-May 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels w/cream cheese Fresh Fruit Skim Milk	Oatmeal (whole grain) w/brown sugar Fresh Fruit Skim Milk	Muffins (whole grain) Fresh Fruit Skim Milk	Boiled eggs Fresh Fruit Skim Milk	Cereal (whole grain) Fresh fruit Skim Milk
Lunch	Tuna & cheese sandwich (whole wheat bread) (canned) Pears Cucumbers Skim Milk	Hamburger gravy over mashed potatoes Mixed Vegetables (Calif. Style) Whole wheat rolls Skim milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Green Beans Extra marinara sauce for dipping, Skim Milk	Chicken Alfredo (wheat Pasta) Peas (Frozen) Peaches (canned) Skim Milk	Hamburgers Beef Patties, (wheat bun) Tator Tots Applesauce Skim Milk
Snack	Apples & Cheese Slice Water	Pretzels 100% fruit juice	Wheat Thins (WG) 100% Fruit Juice	Tiger Bite Grahams (WG), Milk	Cheese sticks & Ritz Crackers (wg) water

May 6-10

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole wheat Bagel w/cream cheese Fresh Fruit, Skim Milk	Pancakes Fresh Fruit Skim Milk	Muffins (whole grain) Fresh Fruit Skim Milk	Biscuits (WG) and Gravy fresh fruit skim Milk	Cereal (whole grain) Fresh fruit Skim Milk
Lunch	Mac and Cheese (whole wheat pasta, cheese, Diced ham) Frozen Peas Diced Peaches Skim Milk	Enchilada (whole wheat tortilla, refried beans, cheese) Lettuce Pineapple skim milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh Cucumber w/Ranch Extra marinara sauce for dipping, Skim Milk	Taco Soup (chicken, tomato sauce, corn, beans) Cheese, Tortilla Chips, Fresh Apple Skim Milk	Turkey wraps (whole wheat tortilla, Sliced Turkey, cheese) Carrots Pears Skim milk
Snack	Cottage cheese (wg) saltines crackers water	Triscuits (wg) 100% juice	Goldfish Crackers (WG) 100% Fruit Juice	grahams crackers Milk	Pita bread (whole grain) w/nummas, water

May 13-17

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole wheat Bagel w/cream cheese Fresh Fruit, Skim Milk	Oatmeal Fresh Fruit Skim Milk	Muffins (whole grain) Fresh Fruit skim Milk	Scrambled Eggs Fresh Fruit, Skim Milk	Cereal (whole grain) Fresh fruit skim milk
Lunch	Brunch Day cheese omlets tater tots Mandrine Oranges whole wheat toast skim milk	Teriaki Beef (lean gr. beef) over long rice Broccoli (frozen) Pineapple (canned) Skim milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh Carrots w/dips Extra maranara sauce for dipping, Skim Milk	Sweet and Sour Chicken Long grain Rice (canned) Pineapple Broccoli (Frozen) Skim Milk	Corn Dogs, w/breading Baked Beans Apple sauce Skim Milk
Snack	Popcorn 100% Juice	Whole wheat bread w/cinnamon butter, Milk	Whole grain tortilla Chips & salsa (grated cheese for toddlers) and water	Yogurt & Whole Grain Cereal Pieces, Water	Animal Crackers (wg) 100% Fruit Juice

May 20-24

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels w/Cream Cheese Fresch Fruit Skim Milk	Scrambled Eggs Fresh Fruit, Skim Milk	Muffins (whole grain) Fresh Fruit Skim Milk	Boiled Eggs Fresh Fruit Skim Milk	Cereal (whole grain) Fresh fruit Skim Milk
Lunch	Bean & Cheese burritos (whole grain tortillas) Corn Baby carrots w/dip Skim milk	Mac and Cheese (whole wheat Pasta) Diced Ham Frozen Peas Diced Pears Skim Milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh lettuce w/ranch Extra marinara sauce for dipping, Skim Milk	BBQ Chicken on a whole wheat bun Peas (frozen) Fresh Apples Skim Milk	Turkey Hot dogs Whole wheat buns carrots w/dip, Peaches (diced) Skim Milk
Snack	Pretzels 100% fruit juice	Whole wheat Bread w/ cinn sugar Skim Milk	Goldfish Crackers (WG) 100% Fruit Juice	Pita bread (whole grain) w/nummas, water	Cottage Cheese and saltine crackers water

The USDA is an equal opportunity provider and employer.

May 27-31

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Pancakes Fresh Fruit Skim Milk	Muffins (whole grain) Fresh Fruit Skim Milk	Biscuits and gravy Fresh Fruit Skim Milk	Cereal (whole grain) Fresh fruit Skim Milk
Lunch	Closed Memorial day	Chili (with ground beef, tomato sauce, Cheese) Fresh carrots, Whole wheat rolls Skim Milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh Califlower w/dip Extra marinara sauce for dipping, Skim Milk	Lasagna (whole wheat noodles, w/lean ground Turkey,cheese,and tomato sauce) Lettuce Skim Milk	Chicken Nuggets (child nutrition approved, whole grain beading) Baked beans (canned) Applesauce (canned) Skim Milk
Snack		Sting Cheese and Ritz crackers water	Tricuits (whole grain) 100% Fruit Juice	Pita bread (whole grain) w/hummas, water	Popcorn (WG) 100% Fruit Juice

Popcorn 100% juice

