

February 2025

This menu is for ages one and older. Children between one and two years of age are served **whole milk**, soft tortillas and a vegetable substitute for lettuce.

Fresh fruit each week consists of apples, bananas, oranges and melons & berries (when in season). We order fresh fruit depending upon the price and availability.

Feb 3-7

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels (WG) Fresh Fruit Skim Milk	Oatmeal (WG) w/brown sugar Fresh Fruit Skim Milk	Muffins (WG) Canned Fruit Skim Milk	Scrambled Eggs Fresh Fruit, Skim Milk	Cereal (whole grain) Fresh fruit Skim Milk
Lunch	Mac and Cheese Pasta (WG) Cheese Ground turkey Frozen Peas Diced Peaches Skim Milk	Hamburger gravy over mashed potatoes Mixed Vegetables (Calif. Style) Rolls (WG) Skim milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Green Beans Extra marinara sauce for dipping, Skim Milk	Taco Soup (chicken,tomato sauce, corn,beans) Cheese, Tortilla Chips (wg) Fresh Apple Skim Milk	Hamburgers Beef Patties Bun (WG) Tator Tots Applesauce Skim Milk
Snack	Apples & Cheese Slice Water	Yogurt and toastyo (WG) water	(WG) bread w/cinn and butter Skim Milk	Tiger Bite Grahams (WG),Skim Milk	Cheese sticks & Ritz Crackers (wg) water

Feb 10-14

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagel (WG) Fresh Fruit Skim Milk	Biscuits (WG) and Gravy fresh fruit skim Milk	Muffins (WG) Fresh Fruit Skim Milk	Pancakes (WG) Fresh Fruit Skim Milk	Cereal (WG) Fresh fruit Skim Milk
Lunch	Spanish Rice w/lean ground turkey Spaghetti Sauce over long grain rice Green Beans Skim Milk	Chef salad Boiled egg Cheese Lettuce Pineapple(canned) Rolls (WG) skim milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh Cucumber w/Ranch Extra marinara sauce for dipping, Skim Milk	Sweet and Sour Chicken Long grain Rice (canned) Pineapple Broccoli (Frozen) Skim Milk	Chicken Nuggets (child nutrition approved, whole grain beading) Baked beans Applesauce Skim Milk
Snack	Cottage cheese (WG) Ritz crackers water	grahams crackers (WG) milk	Goldfish Crackers (WG) Fresh Apples	Pita bread (WG) w/hummas, water	Boiled egg & Ritz Crackers (WG) water

Feb 17-21

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		French Toast (WG) fresh fruit Skim Milk	Muffins (WG) Fresh Fruit skim Milk	Boiled Eggs Fresh Fruit Skim Milk	Cereal (WG) Fresh fruit skim milk
Lunch	Closed for Presidents Day	Tacos Salad (ground turkey, cheese & fresh lettuce) Tortilla Chips (WG) Pinto Beans Skim Milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh Carrots w/dips Extra maranara sauce for dipping, Skim Milk	Haystacks (Long Grain rice with chicken, cheese & gravy) Broccoli (frozen) Pineapple Skim milk	Corn Dogs(Child-Nutrition Approved WG) Baked Beans Apple sauce Skim Milk
Snack		Yogurt and Toastyo (WG) Water	Whole grain tortilla Chips & salsa (grated cheese for toddlers) and water	String Cheese & Ritz(WG), water	Whole wheat bread w/cinnamon butter, Milk

Feb 24-28

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bagels (WG) Fresh Fruit Skim Milk	Scrambled Eggs Fresh Fruit, Skim Milk	Muffins (WG) Fresh Fruit Skim Milk	Pancakes (WG) Fresh Fruit Skim Milk	Cereal (WG) Fresh fruit Skim Milk
Lunch	Spaghetti Pasta (WG) w/lean ground turkey and Spaghetti sauce Green Beans Skim Milk	Bean & Cheese burritos (whole grain tortillas) Corn Pineapple(canned) Skim milk	Pizza from Pizza Hut (meets the Child Nutrition Requirements) Fresh lettuce w/ranch Extra marinara sauce for dipping, Skim Milk	Chicken Patties (Child-Nutrition approved WG) Mashed pototoes w/gravy Mixed Veggie (cali blend) Skim Milk	Beef Hot dogs (WG) buns carrots w/dip, Peaches (diced) Skim Milk
Snack	Cottage cheese (WG) Ritz crackers water	Sting Cheese and Ritz crackers(WG) water	Goldfish Crackers (WG) Fresh Apples	Graham crackers (WG) Skim Milk	Pretzels(WG) Cheese water

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