

# April 2025

This menu is for ages one and older. Children between one and two years of age are served **whole milk**, soft tortillas and a vegetable substitute for lettuce.

*Fresh fruit each week consists of apples, bananas, oranges and melons & berries (when in season). We order fresh fruit depending upon the price and availability.*

## March 31-April 4

|                  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|------------------|---|--|---|--|--|
| <b>Breakfast</b> | Bagels (WG)<br>Fresh Fruit<br>Skim Milk   | Oatmeal (WG) w/brown sugar<br>Fresh Fruit Skim Milk  | Muffins (WG)<br>Fresh Fruit<br>Skim Milk  | Scrambled Eggs<br>Fresh Fruit<br>Skim Milk   | Cereal (whole grain)<br>Fresh fruit<br>Skim Milk                                       |
| <b>Lunch</b>     | Mac and Cheese Pasta (WG) Cheese<br>Ground turkey<br>Frozen Peas<br>Applesauce<br>Skim Milk | Hamburger gravy over mashed potatoes<br>Mixed Vegetables (Calif. Style)<br>Rolls (WG)<br>Skim milk | Pizza from Pizza Hut (meets the Child Nutrition Requirements)<br>Green Beans<br>Extra marinara sauce for dipping, Skim Milk | Bean & Cheese burrito (whole grain tortillas)<br>Corn<br>Pineapple (canned)<br>Skim milk | Hamburgers Beef Patties<br>Hamburger Bun (WG)<br>Tator Tots<br>Applesauce<br>Skim Milk |
| <b>Snack</b>     | Apples & Cheese Slice<br>Water  | Yogurt and toastyo (WG)<br>Water   | (WG) bread w/cinn and butter Skim Milk  | Animal crackers & Skim Milk  | Cheese sticks & Ritz<br>Crackers (wg) water  |

## April 7-11

|                  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|------------------|--|---|--|---|---|
| <b>Breakfast</b> | Bagel (WG)<br>Fresh Fruit<br>Skim Milk   | Biscuits (WG) and Gravy<br>fresh fruit<br>skim Milk   | Muffins (WG)<br>Fresh Fruit<br>Skim Milk   | Pancakes (WG)<br>Fresh Fruit<br>Skim Milk   | Cereal (WG)<br>Fresh fruit<br>Skim Milk   |
| <b>Lunch</b>     | Spanish Rice w/lean ground turkey Spaghetti Sauce over long grain rice<br>Green Beans<br>Skim Milk | Chef salad Boiled egg<br>Cheese<br>Lettuce<br>Pineapple (canned)<br>Rolls (WG)<br>skim milk | Pizza from Pizza Hut (meets the Child Nutrition Requirements)<br>Fresh Cucumber w/Ranch<br>Extra marinara sauce for dipping, Skim Milk | Sweet and Sour Chicken w/ Long grain Rice<br>Pineapple (canned)<br>Broccoli (Frozen)<br>Skim Milk | Chicken Nuggets (child nutrition approved, whole grain beading)<br>Baked beans<br>Applesauce<br>Skim Milk |
| <b>Snack</b>     | Cottage cheese (WG) Ritz crackers water  | grahams crackers (WG) milk  | Goldfish Crackers (WG)<br>Fresh Apples   | Pita bread (WG) w/hummas, water   | Boiled egg & Ritz Crackers (WG) water   |

## April 14-18

|                  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday                 |
|------------------|--|---|--|---|------------------------|
| <b>Breakfast</b> | Bagels (WG)<br>Fresh Fruit,<br>Skim Milk   | French Toast (WG)<br>Fresh fruit<br>Skim Milk   | Muffins (WG)<br>Fresh Fruit<br>skim Milk   | Boiled Eggs<br>Fresh Fruit<br>Skim Milk   |                        |
| <b>Lunch</b>     | Brunch Day<br>cheese omlets<br>tater tots<br>Fresh Apples<br>Bread (WG)<br>skim milk | Tacos Salad (ground turkey, cheese & fresh lettuce )<br>Tortilla Chips (WG)<br>Pinto Beans<br>Skim Milk | Pizza from Pizza Hut (meets the Child Nutrition Requirements)<br>Fresh Carrots w/dips<br>Extra maranara sauce for dipping, Skim Milk | Haystacks (Long Grain rice with chicken, cheese & gravy)<br>Broccoli (frozen)<br>Pineapple<br>Skim milk | Closed for good Friday |
| <b>Snack</b>     | Cinn Tiger Bites (WG)<br>Skim Milk   | Yogurt and Toastyo (WG)<br>Water  | Whole grain tortilla Chips & salsa (grated cheese for toddlers) and water  | String Cheese & Ritz (WG), water  |                        |

## April 24-25

|                  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|------------------|---|---|---|---|---|
| <b>Breakfast</b> | Bagels (WG)<br>Fresh Fruit<br>Skim Milk   | Scrambled Eggs<br>Fresh Fruit,<br>Skim Milk   | Muffins (WG)<br>Fresh Fruit<br>Skim Milk  | Pancakes (WG)<br>Fresh Fruit<br>Skim Milk   | Cereal (WG)<br>Fresh fruit<br>Skim Milk   |
| <b>Lunch</b>     | Spaghetti Pasta (WG) w/lean ground turkey and Spaghetti sauce<br>Green Beans<br>Skim Milk | Taco Soup (chicken, tomato sauce, corn, beans)<br>Cheese<br>Tortilla Chips (wg)<br>Fresh Apple<br>Skim Milk | Pizza from Pizza Hut (meets the Child Nutrition Requirements)<br>Fresh lettuce w/ranch<br>Extra marinara sauce for dipping, Skim Milk | Chicken Patties ( Child-Nutrition approved WG)<br>Mashed potatoes w/gravy<br>Mixed Veggie (cali blend)<br>Skim Milk | Beef Hot dogs<br>Hot dog buns (WG)<br>carrots w/dip,<br>Fresh Apples<br>Skim Milk |
| <b>Snack</b>     | Cottage cheese (WG) Ritz crackers water   | Tiger Bite Grahams (WG), Skim Milk  | Goldfish Crackers (WG)<br>Fresh Apples  | Graham crackers (WG)<br>Skim Milk   | Pretzels (WG)<br>Cheese water   |

**The USDA is an equal opportunity provider and employer.**

## April 28-May 2

|                  | <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>   | <b>Friday</b>   |
|------------------|--|--|--|---|---|
| <b>Breakfast</b> | Whole wheat Bagel<br>Fresh Fruit & Skim Milk   | Pancakes (WG)<br>Canned fruit<br>Skim Milk   | Muffins (whole grain)<br>Fresh Fruit<br>Skim Milk  | Biscuits(WG) and gravy<br>Fresh Fruit<br>Skim Milk  | Cereal (WG)<br>Canned fruit<br>Skim Milk  |
| <b>Lunch</b>     | Sloppy Joes (lean gr. Beef)<br>on whole wheat buns<br>Baked Beans<br>Diced Pears (canned)<br>Skim Milk | Turkey and Cheese<br>sandwich (whole wheat<br>bread)<br>Fresh Apple<br>Fresh carrot<br>Skim Milk | Pizza from Pizza Hut<br>(meets the Child Nutrition<br>Requirements)<br>Fresh Cucumbers w/dip<br>Extra marinara sauce for<br>dipping, Skim Milk | Sweet and Sour Chicken<br>w/long Grain Rice<br>Pineapple (canned)<br>Broccoli (frozen)<br>Skim Milk | Turkey wraps ( whole<br>wheat tortilla,Sliced<br>Turkey, cheese)<br>Carrots<br>Pears<br>Skim milk |
| <b>Snack</b>     | Animal Crackers (WG)<br>Milk   | Graham crackers (wg)<br>Skim Milk  | Whole grain tortilla Chips<br>& salsa (grated cheese for<br>toddlers) and water  | Pita bread (whole grain)<br>w/hummas, water   | Pretzel (WG) & Cheese<br>w/water  |



